



February~March 1999

The reason most people don't recognize opportunity is because it usually goes around wearing overalls and looking like hard work!



5627 University Way NE • Seattle • 206-527-4822 • <http://www.rodcycle.com>

THE NEWSLETTER OF CYCLING VALUES! EXPO EDITION

R+E CYCLES WANTS TO THANK YOU FOR OUR 25TH ANNIVERSARY

We are celebrating our 25th year of doing business in Seattle. We wanted to take this time to thank all of the wonderful people that have made it possible. That would be you, the customers we have had the pleasure of serving over the last 25 years.

Thank you. Without your business, we wouldn't be here. A business of our size must value each customer's patronage. You have been there for us even in the toughest of times, and we'll be here to serve you for 25 more!

We invite you to stop by the shop and visit us as this 1999 season takes off and see some of the products that we think you're going to love.

In our 25th year of business, we are expanding our line of production bikes and accessories. Now we offer two models of male specific bikes, and two models of female specific bikes. We are expanding our production tandem line from two models to three.

We are also adding aluminum to our custom line up. Now we are one of the only manufacturers in the U.S.A. that can offer a fully custom designed and built aluminum road, mountain, cross or tandem bike! Exciting stuff!

We are also offering a very special, limited edition 25th anniversary tandem (Pg. 8).

See pages 4-5 for the scoop on the production bikes, and make sure to pick up one of our 1999 catalogs and check out all of the other exciting products that we are offering in 1999!

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**WILLIE WEIR
SLIDE SHOW
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**REPAIR CLASSES
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**SUMMER HOURS
Starting March 1st
MON.-FRI. 12-7
SATURDAY 10-6
SUNDAY 11-5**

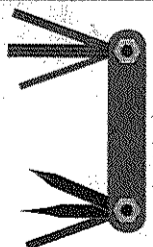
5627 UNIVERSITY WAY NE
SEATTLE WA, 98105
206-527-4822
FAX 206-527-8931
e-mail RodTandem@aol.com
<http://www.rodcycle.com>

It Slices, It Dices

This folding tool includes the most popular size allen wrenches you need, as well as two screwdrivers. It's the most important tool for a road-side repair kit.

Pyramid folding tool \$7
Sale \$5.99

Offer available with coupon only. No cash value. Expires March 26, 1999



Our Best Coupon Deal

It's a rack pack, it's a fanny pack. It's regularly \$60 and we have a final close-out on our last 20 of them for

only \$14.99

If you are afraid we'll sell them before you can get in, call us on the phone so we can hold one for you.

527-4822

Offer available with coupon only. No cash value. Expires March 26, 1999

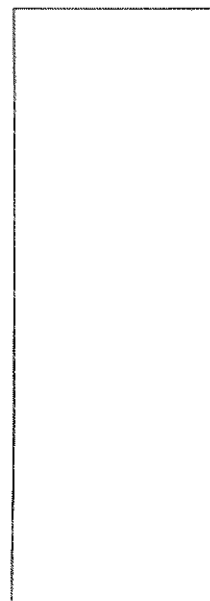
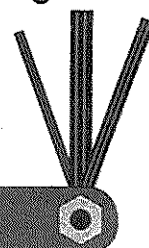


Bulk Rate U.S.
Postage
Paid Seattle WA
Permit Number
12977

GET TO CLASS!

Pre-register for any Bicycle Repair class (see pg. 6), and we'll give you a Pyramid folding tool for FREE! \$7 value
FREE is a very good price!

Offer available with coupon only. No cash value. Expires March 26, 1999



"It's the best book I've read all year"

Estelle Gray, Voracious Reader...R+E Cycles Willie Weir's book, "Spokesongs" is a collection of about 60 pieces, written during Willie's journeys through 3 continents. Each piece takes about 5 minutes to read and will stay with you for hours. Reg:\$12 **\$9.99 Autographed** copies available on March 12, 1999



Offer available with coupon only. No cash value. Expires March 26, 1999

Fix it Yourself??

If you like to work on your bike, you probably appreciate the Quality of Park tools. Use this coupon to receive

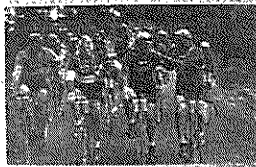
10% off any Park tool.



Offer available with coupon only. No cash value. Expires March 26, 1999

Smokers and Drinkers

Historical posters from the Tour de France. These prints show the racers sharing some early "performance supplements", while they ride, and enjoying the original "energy drink, "alcohol" as they take a break. Suitable for framing. TDF posters reg. \$20



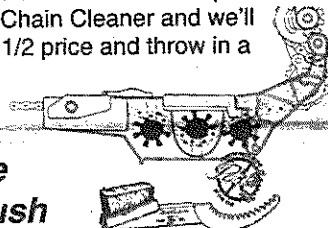
Sale \$14.99

Offer available with coupon only. No cash value. Expires March 26, 1999

Get a Fresh Start

Start off the season with a clean chain and keep it that way. Purchase a Park Chain Cleaner and we'll give you the degreaser for 1/2 price and throw in a gear cleaning brush for free!!

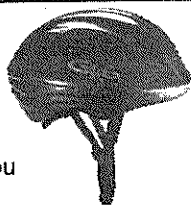
~~\$40 value~~
only \$29.99 + free gear cleaning brush



Offer available with coupon only. No cash value. Expires March 26, 1999

Protect your Assets

Helmets are not designed to last forever. If you have a helmet that rides up above your forehead, you are fooling yourself about its ability to protect you. Get a new Giro with all the bells and whistles for the same \$\$ as you probably bought your old helmet for.

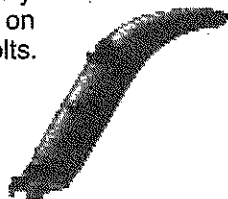


Giro Torero with visor reg: \$55
Special \$39.99 (98 model)

Offer available with coupon only. No cash value. Expires March 26, 1999

No More Stripes Up Your Back

If you don't want fenders but you still want some protection get these easy on/ easy off clip on fenders. They snap right on without any tools or nuts and bolts. Mountain and hybrid sizes available. CyclePro Clip on Fenders Reg:\$15



Sale \$9.99

Offer available with coupon only. No cash value. Expires March 26, 1999

Maximum Protection

If you want the ultimate in fenders then full fenders are the way to go. Once they are mounted they stay on and you don't have to worry about getting caught in a surprise shower.

Designed for mountain bikes. CyclePro full fenders reg: \$26
Special \$18.99



Offer available with coupon only. No cash value. Expires March 26, 99



WHERE'S WILLIE??

Willie just finished a tour of Cuba with his wife Kat! The stories are fantastic, the photos are spectacular! Well heck, why don't you just come on in and see for yourself. Willie will be doing a slide show at

R+E Cycles

Friday, March 12 1999, 7:00 to 9:00 pm

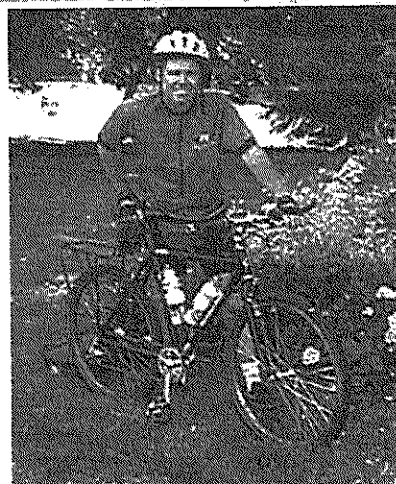
Willie is a world traveler, as well as a first class entertainer. So prepare to be entertained! The slide show is brought to you by R+E Cycles free of charge. Space is limited to 50 people, so you will need to

RSVP us at 206-527-8931 ext. 911



THE BIKE EVERYONE'S TALKING ABOUT

Willie and Kat toured Cuba on their Rodriguez 8-ball™. A Rodriguez exclusive! The 8-ball™ is the only tandem on the market that will pack into a suit case, and easily convert into a single bike. This enabled Willie to travel to Cuba a month ahead of Kat and tour on a single. Kat joined him with the center section of the bike, and they converted it to a single right at the airport! They finished the tour as a couple on a tandem.



**The Eight Ball™ is a Rodriguez exclusive!
It's a touring bike...**



...that will easily convert into...



...a tandem!



But that's not all! The 8-ball™ will also pack small enough to easily fit into this flight case!

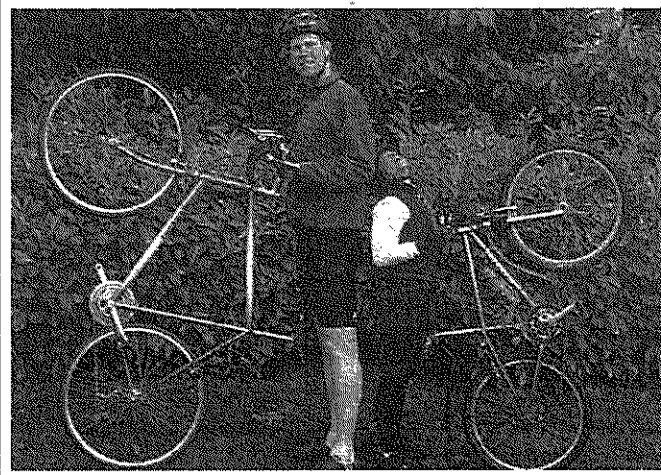


COME SEE WILLIE'S 8-BALL™
Come to the slide show of Willie's tour of Cuba, and see the 8-ball™ for yourself!
See slide show details in article above



THANK YOU

We want to thank all of our customers for helping achieve 25 years in business. Without you, we wouldn't be here. Below are a few customers that really deserve special thanks for helping us out with our catalog this year. So thanks again Sandy, Jim, Virginia, Bruce, Linda, Cedric, and Lise!



RODRIGUEZ CUSTOM BIKES ARE FOR EVERYONE!

7' tall road customer Cedric Krumbein with his custom Rodriguez road bike & 5' tall Lise Spangenthal with her Rodriguez mountain bike (left).

7' tall customer Bruce Benton with his custom Rodriguez Mountain bike & 5' tall customer Linda Lau with her custom Rodriguez road bike (right).



CONGRATULATIONS JIM & VIRGINIA

Imagine spending 3 months riding across the United States!

A JOURNEY ACROSS THE COUNTRY

In 1997, Jim Lupori, who works with Washington Business Week, a high school business education program, and his wife Virginia, a Manager at US West, upgraded to a Rodriguez custom tandem. In 1998, they made a dream come true and took off on a self supported tour from Seattle to Bar Harbor Maine. All you've got to do is talk with them for a few minutes to realize they had the time of their lives!



CALLING ALL TEENAGE GIRLS (sorry guys)

The Danskin Women's Triathlon is at the end of the summer (Aug. 15) and R+E would like to see a strong showing of young women in the 14-18 year old category. If you fit into this age group and know how to do one of these three sports swim, ride or run then you qualify to join us. It's a 1/2 mile swim, 12 mile bike, & flat 3 mile run. You can enter as an individual or we'll put some teams together.

We are going to gather a group of teenagers and provide some coaching and organized training days. You can come to any or all of them. We'll give you tips and experience in swimming in open water with a group and try and come up with wet suits for those who want them. We'll provide on the bike cycling tips as well as a "fix a flat tire repair class" and we'll give you some tips to help you with your run and transitions. We'll teach you a little about using a heart rate monitor.



The cool thing about the Danskin is that it is as competitive or non-competitive as you want. There will be women from 14-75 years old and their finish time will be from 1 hour to 4 hours!! If you can pass your phys ed class, you can finish the Danskin.

Call us at 206-527-8931 ext:911 and leave your name phone # and address and we'll call you at the end of March to organize some training times. It's never too early to start having fun!!

If you have a teenage daughter, or know a teenage girl, please pass this on to her. It will be one of those life experiences she'll never forget.

SPROUT SOME HORNS!



Show the animal in you. These horns are cute and they save you from saying "on your left" the entire way around Bainbridge Island. Choose from Dinosaurs, Pigs, Sharks, Turtles, or Cows.

Reg:\$9.99

Special \$5.99

Offer available with coupon only. No cash value. Expires March 26, 1999

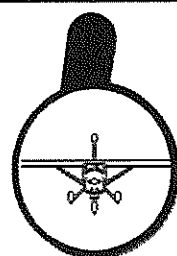


EYES IN THE BACK OF YOUR HEAD?

If you haven't got any eyes in the back of your head, you may want a mirror. These bar end mirrors easily slip into the end of your handlebars. Imagine driving your car without a rear view mirror...

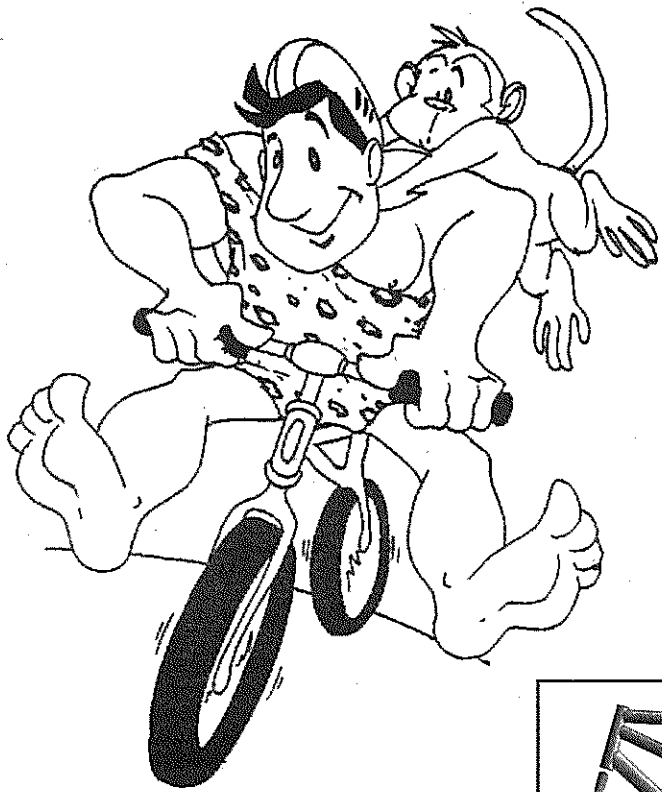
Cat eye bar end mirrors: Reg: \$8

With Coupon \$4.99



Offer available with coupon only. No cash value. Expires March 26, 1999





THE BEST PRODUCTS

RODRIGUEZ INTRODUCES ALUMINUM CUSTOMS FOR 1999!
EXCITING NEWS FOR ALUMINUM LOVERS



We decided to bring back an aluminum tandem for 1999! Not only are we offering a tandem though, we are also going to be one of the only manufacturers offering custom aluminum single frames too! They will be built custom for each rider(s).

The custom aluminum tandem will be the lightest, stiffest tandem that we've ever offered. The ride of a tandem like this one isn't for everyone. This tandem is perfect for the couple who likes to ride light, stiff, aluminum road bikes. The weight savings are pretty significant. In comparison to our basic steel frame, the 1999 aluminum weighs in 3.5 lbs less. The aluminum tandems will sell for

\$2099.99 for a frame with a cro-moly fork in a single color powder coat, or as little as \$3269 for a complete tandem ready to ride. That's less than the production models of 1989 were introduced at! See our catalog for more info on this one of a kind tandem!

The custom aluminum single will also be very light and very stiff. The Easton light weight tubing will allow us to build a frame that weighs under 3 pounds for some riders! WOW! That's light! In keeping with the light weight theme, the aluminum singles will come stock with an Advanced Group carbon fiber fork. See the 'Diet Platter' in our catalog for more info on this one of a kind custom frame!

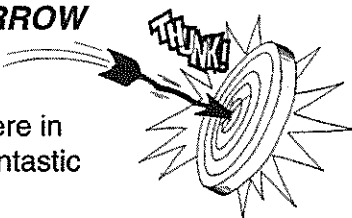
CUSTOM ALUMINUM TANDEM FRAME/FORK \$2099.99
CUSTOM ALUMINUM SINGLE FRAME W/CARBON FORK \$1599.99

SWING BY R+E CYCLES TO PICK UP OUR 1999 RODRIGUEZ CATALOG!

RODRIGUEZ PRODUCTION BICYCLES & TANDEM FOR 1999!

THE RODRIGUEZ ARROW

The best hand built bike for men's specific geometry! Made right here in Seattle! A fantastic value.



THE RODRIGUEZ STELLAR

The women's road bike that everyone's trying to copy! Come on in & find out why. Features our famous women's specific design! Made in Seattle!



RODRIGUEZ ADVENTURE

A full blown touring bike from Rodriguez! Hand built in Seattle! A fantastic value.



SPEC SHEET FOR 1999 RODRIGUEZ ARROW

	Campy Mirage	Campy Veloce
Frame	Double butted Cro-mo	Double butted Cro-mo
Fork	Cro-mo	Cro-mo
Rear Derailleur	Mirage	Veloce
Front Derailleur	Mirage	Veloce
Crank set	Mirage triple or double	Veloce triple or double
Brakes	Tektro double pivot	Veloce double pivot
Brake/Shift Levers	Mirage Ergo	Veloce Ergo
Handle bar	System 3	TTT Synthesis
Stem	System 3	TTT Synthesis
Bar Tape	Black Cork Ribbon	Black Cork Ribbon
Tires	Cyclepro Kevlar belt	Michelin Axial Select Kev
Bottom Bracket	Mirage sealed	Veloce sealed
Rims	Sun Metal ME14A	Sun Metal ME14A
Wheels	Hand-built (3-year warranty)	
Spokes	DT Stainless steel	DT Stainless steel
Hubs	Mirage Cassette	Veloce 9-speed
Seat Post	27.2 Alloy	27.2 Alloy
Seat	Serfas ARC	Serfas ARC
	\$1299.99	\$1599.99

SPEC SHEET FOR 1999 RODRIGUEZ STELLAR

	Shimano	Campangolo Veloce
Frame	Double butted Cro-mo	Double butted Cro-mo
Fork	Cro-moly	Cro-moly
Rear Derailleur	Shimano RSX	Veloce
Front Derailleur	Shimano RX100	Veloce
Crank set	Alloy triple	Veloce triple
Brakes	Alloy double pivot	Veloce double pivot
Brake Levers	RSX STI	Veloce Ergo
Handle bar	Alloy 39cm	TTT Synthesis
Stem	System 3	TTT Synthesis
Shifters	RSX STI	Veloce Ergo
Bar Tape	White Cork Ribbon	White Cork Ribbon
Tires	Panaracer Technova	Panaracer Technova
Bottom Bracket	Shimano sealed cartridge	Veloce sealed
Rims	Sun Metal Alloy	Mavic CPX12 Aero
Wheels	Hand-built (3-year warranty)	
Spokes	DT Stainless steel	DT Stainless steel
Hubs	Shimano Cassette	Veloce 9-speed
Seat Post	27.2 Alloy	27.2 Alloy
Seat	Women's gel	Serfas Women's
	\$1099.99	\$1499.99

1999 RODRIGUEZ ADVENTURE SPEC

Frame	Cro-mo Double Butted
Brakes	Shimano Cantilevers
Shift/Brake levers	Campy Mirage Ergo
Cranks	Campy Mirage triple
Stem	Tig Welded Cro-mo
Fork	Cro-mo
Front Derailleur	Campy Mirage Triple
Rear Derailleur	Campy Mirage
Bar Tape	Cork
Tires	700X28 Kevlar belted
Bottom Bracket	Campy Mirage Sealed
Rims	Matrix 36 hole
Rear Hub	Campy Mirage
Front Hub	Campy Mirage
Chain	Sachs PC-41
Handle bar	ITM Alloy
Seat Post	27.2 Alloy
Head set	FSA Alloy
Spokes	DT Stainless
Cog set	Campy Mirage 12-26
Seat	Rodriguez Gel
	Introductory price \$1299.99

In a Heartbeat

How hard are you really working?? We think heart rate monitors are one of the best things you can use to help increase your fitness level as well as increase your efficiency. Great for all sports cycling, aerobics, running, swimming. Purchase a Sigma heart rate monitor and we'll even give you a copy of Sally Edward's "Heart Rate Monitor Book", for free.



Reg: \$100 **\$84.99 and free book!!**

Offer available with coupon only. No cash value. Expires March 26, 1999



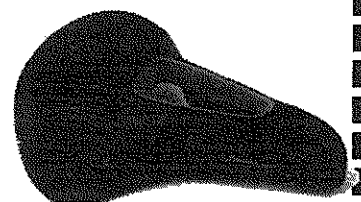
The Pain That Dare Not Speak Its Name

Is your saddle uncomfortable? Is it the nose of your saddle where the trouble is coming from? Then cut it out! We've got some great women's saddles that have a relief hole cut in the nose of the saddle. Try one.. if you don't like it, we'll give you your money back!!

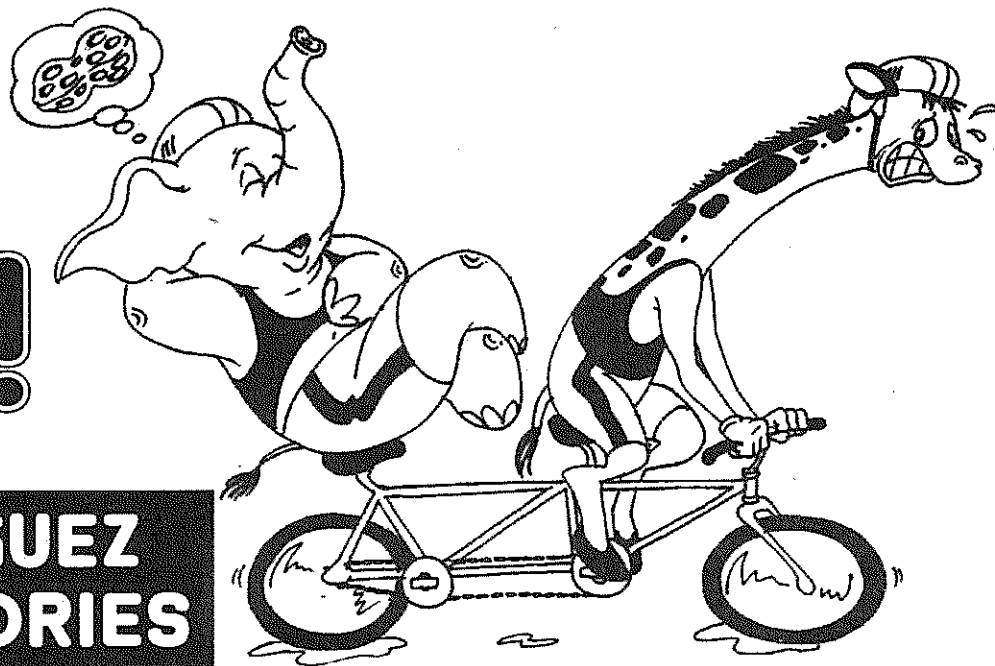
Advent women's saddles \$25

Special \$19.99

Offer available with coupon only. No cash value. Expires March 26, 1999

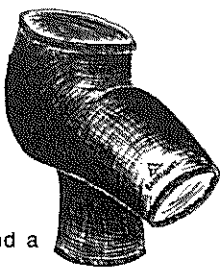


CYCLING FOR 1999!



RODRIGUEZ SHORTS

Available in men's or women's cut. Pad is seamless and is 100% breathable polypropylene with ultralour cover, drawstring and elastic waist, and flat stitched seams.



Other unique features -

- Chamois is cut size specific
- Flat stitched seam
- Offers elastic waistband and a drawstring
- Elastic gripper leg
- Heavy duty 8.5 ounce Lycra construction
- Made in U.S.A

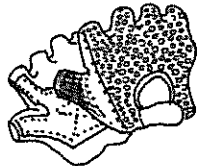
\$39.99

RODRIGUEZ ACCESSORIES

RODRIGUEZ GLOVES

Classic Mesh \$12.99- Traditional mesh back for multi-sport use

- Terry Cloth Thumb.
- Double stitched palm.
- Cabretta leather - the finest, most supple glove leather for maximum comfort.



Holy Cow \$19.99 - designed for the rider who desires agility along with comfort

- Special padding that extends to the index finger and the thumb.
- Exclusive Cool Mesh top for excellent ventilation.
- Double stitched, Cabretta natural leather palm.



Gel Comfort \$32.99 - designed for the rider who desires complete comfort

- Washable Amara palm.
- Extremely comfortable gel padded palm.
- Special padding that extends to the index finger and the thumb.
- Terry Cloth for moisture dissipation.



all gloves come in XS, S, M, L, XL unisex

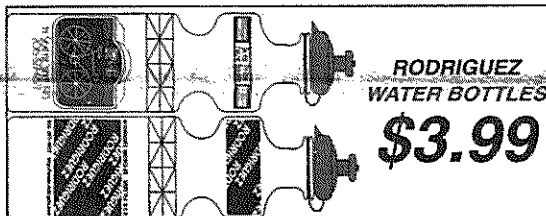


RODRIGUEZ

Black & Yellow socks

\$7.99

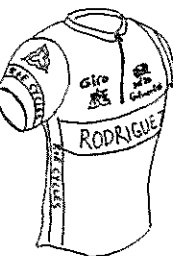
S, M, L



RODRIGUEZ
WATER BOTTLES

\$3.99

1999 RODRIGUEZ Jersey



- 20" hidden zipper
- looser fitting 'Club' cut
- Fieldsensor fabric Blue/Yellow/Black

Men's & Women's

S, M, L, XL

\$64.99

RODRIGUEZ Stellar Jersey for women



- 20" hidden zipper
- looser fitting 'Club' cut
- Fieldsensor fabric Purple/Grey

S, M, L, XL

\$74.99

RODRIGUEZ

STELLAR ADVENTURE

A touring version of the famous Rodriguez Stellar. Hand built in Seattle! Women's specific geometry.



NEW FOR 1999

1999 Stellar Adventure Specs

Frame	Cro-mo Double Butted
Brakes	Shimano Cantilevers
Shift/Brake levers	Campy Mirage Ergo
Cranks	Campy Mirage triple
Stem	Tig Welded Cro-mo
Fork	Cro-mo
Front Derailleur	Campy Mirage Triple
Rear Derailleur	Campy Mirage Long Cage
Bar Tape	Cork
Tires	26 X 1.25
Botom Bracket	Campy Mirage Sealed
Rims	Mavic 26 "36 hole
Rear Hub	Campy Mirage
Front Hub	Campy Mirage
Chain	Sachs PC-41
Handle bar	ITM Alloy
Seat Post	27.2 Alloy
Head set	FSA Alloy
Spokes	DT Stainless
Cog set	Campy Mirage 12-26
Seat	Rodriguez Gel

Introductory price **\$1299.99**



TEST PILOT

If you want to purchase a fantastic tandem, yet spend under \$2000, the Test Pilot is the tandem for you!



\$1899

1999 TEST PILOT SPEC SHEET

Brakes	Dia-Compe Cantilever
Brake levers	Shimano
Cranks	Alloy 170mm w/Alloy rings
Captain stem	A-head
Stoker stem	Rodriguez adjustable
Shifters	Shimano Bar-con
Front Derailleur	XC Pro
Rear Derailleur	Shimano STX RC
Bar Tape	Pyramid Black cork
Botom Brackets	Shimano sealed UN 52
Rims	Wolber/Mavic 48 hole
Hubs	Suzue Tandem Sealed
Handle bars	39-44 cm trek (drop)
Seat posts	Kalloy 28.6 Cro-Mo
Head set	A-head
Spokes	DT Stainless
Paint	White Powder Coat
Freewheel	7-sp 13-28
Seats	Rodriguez Gel

ONLY \$1899!!

THE TOUCAN

Our most popular production tandem model! This year with 26" or 700c wheels. only



\$2499

1999 TOUCAN SPECS

Brakes	Dia-Compe Canti or LX V-brakes
Brake levers	Campagnolo Mirage Ergo
Cranks	Alloy 170mm w/Alloy rings
Captain stem	A-head Alloy Quick-Change
Stoker stem	Rodriguez Adjustable
Shifters	Campagnolo Mirage Ergo
Front Derailleur	Shimano Triple
Rear Derailleur	Campagnolo Mirage Triple
Bar Tape	Pyramid Black cork
Botom Brackets	Shimano sealed
Rims	Matrix Swami/Wolber Mod 58
Hubs	Phil Wood Dbl. Thr/Deore XT
Handle bars	Icon Alloy
Seat posts	Kalloy Cro-mo
Head set	Dia-Compe A-head
Spokes	DT Stainless 14g
Paint	Blue Powder Coat
Freewheel	Sachs 8-speed FW 12-26/8-sp
Seats	Rodriguez Gel

\$2499

THE PARROT

Our top of the line production tandem! For the tandm riders who want the very best in components as well as the frame!



\$3099

1999 PARROT SPECS

Brakes	CNC Machined Cantis or LX V-brakes
Brake levers	Campy Veloce 8-sp Ergo
Cranks	Sugino XD
Captain stem	A-head Alloy Quick-Change
Stoker stem	Rodriguez Adjustable
Shifters	Campy Veloce 8-sp Ergo
Front Derailleur	Sachs Triple
Rear Derailleur	Campy Veloce Triple
Bar Tape	Cinelli Cork
Botom Brackets	Shimano Sealed
Rims	Sun Metal CR 16/Mavic T-217
Hubs	Phil Wood Cassette 145mm
Handle bars	Icon Alloy
Seat posts	Alloy
Head set	Race Face Sealed
Spokes	DT Stainless 14g
Paint	In Side Out Fade
Freewheel	HG 12-26 Hyperglide 8-speed Cassette
Seats	Serfas Cosmos

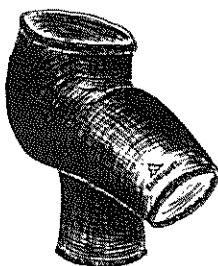
\$3099

COMING UP A LITTLE SHORT?

If your pocket book is coming up short, use this coupon to save 30% on a pair of Rodriguez cycling shorts.

Reg. \$39.99

Special \$29.99



Offer available with coupon only. No cash value. Expires March 26, 1999

A Hot Computer Even Cheaper Than An IMac



The Advent Cycling computer gives you all the info you want to know about your ride. Speed, time, distance, average speed, and maximum speed. And it only requires the push of one button. When you purchase one for \$22.99

we'll install and calibrate it for FREE.

\$12 value

Offer available with coupon only. No cash value. Expires March 26, 1999



5

Bladder Problems?

If you pull out your drinking system and find some nasties grew there over the winter we have just the thing for you. This handy little brush gets in the corners as well as slides through the tube. Don't drink what looks like a science experiment.
Scum brush Reg: \$20

Sale \$15.99

Offer available with coupon only. No cash value. Expires March 26, 1999

Are you a ding-o-ling?

These small lightweight bells are ideal when riding the trail or large groups rides. It's an easy way to let other riders know you are approaching.
Reg: \$5



While Supplies Last \$2.99

Offer available with coupon only. No cash value. Expires March 26, 1999

LIGHT UP THE NIGHT

This is the best lighting system we have been selling. It is a dual headlight system with 30 watts of bright halogen lighting. Its dependable battery easily slips into your water bottle cage.



DUAL HEADLIGHT



RECHARGEABLE 6VOLT BATTERY

Reg: \$160

Sale \$124.99

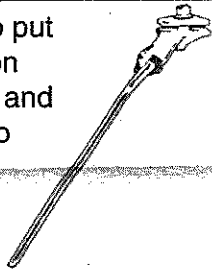
Limited to stock on hand

Offer available with coupon only. No cash value. Expires March 26, 1999

MISSING A PART ON YOUR BIKE?

Most manufacturers forget to put kickstand on bikes. Shame on them!! Protect your paint job and eliminate wondering where to lean your bike. Reg: \$10

\$5.99 and free installation!!



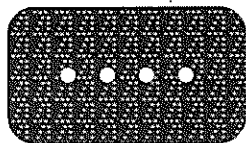
Offer available with coupon only. No cash value. Expires March 26, 1999

Don't be left in the dark!

It's smart to have a taillight even if you don't think you are going to be riding at night. These handy lights mount directly onto your rack or you can clip it onto a pack or piece of clothing. It's one way to make yourself brighter!

Reg \$9

Special \$5.99



Offer available with coupon only. No cash value. Expires March 26, 1999

ALL BELLS, NO WHISTLES

We want you to have a good fitting helmet and Bell Helmets fit great! They have an adjustable retention system and they offer the ultimate in head protection. We have some 1998 models left over and we are closing them out at



25% off! Reg. (\$29 and up)

Offer available with coupon only. No cash value. Expires March 26, 1999

5 FINGER DISCOUNT

Keep your hands warm and dry whether you are riding, skiing or going to the movies. Pearl Izumi AmFib gloves are cut ergonomically correct for hanging onto your handlebars.

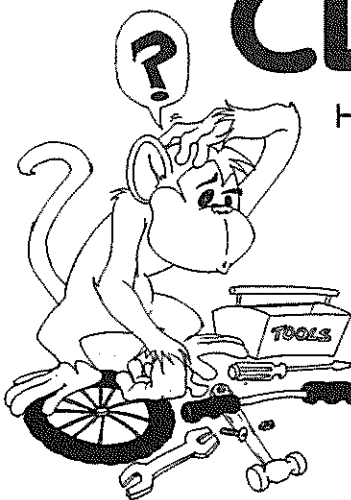


Reg \$45

Special \$32.99

Offer available with coupon only. No cash value. Expires March 26, 1999

BICYCLE REPAIR CLASSES



How much do you know about repairing your bicycle? How much would you like to know?

At Seattle Bike Repair, we offer a range of classes to people at all levels of bicycle knowledge. From the Roadside Repair class to the Wheel Building class, you can learn anything and everything about your bike! The schedule, class descriptions, and prices are listed below.

Road Side Repair \$25

This one-evening, 2-3 hour class covers the basics of repairing your bike on the road. We will cover most of the basic repairs that strand people along the road. Learn how to:

- Fix a flat tire
- Fix a broken chain
- Make a minor adjustment to your shifting & brakes
- Know what tools and parts to carry with you on your bike

Next Dates are: March 18, April 20, May 12 (7:00 PM)

Call 206-527-0360 to sign up (These classes are limited to 10 people)

The Well Tuned Bike \$80

This three-evening course is the perfect class for the person who wants to learn how to tune up their bike for the season. During the class, you will give your own bike a tune-up! You'll learn the following and more:

- Hub bearing adjustments
 - Basic wheel truing
- Bottom bracket adjustment
- Head set bearing adjustment
- Thorough shifting adjustments
- Thorough brake adjustments
- How to use several bicycle specific shop tools

Call 206-527-0360 to sign up. Upcoming dates are: March 9, 10, 11; April 13, 14, 15; May 4, 5, 6

(7:00 PM) (These classes are limited to 8 people per session)

The Overhaul Course \$135

This four-evening course is the class for the person who has the skills that the well tuned bike course covers, but wants to learn everything there is to know about their bike! In this class you will strip your bike and completely overhaul it. The price includes new bearings all around, and new cables & housings all around (other parts extra if necessary). Whew! Sounds like fun. Below are some of the things you'll learn in this extensive course!

- How to completely rebuild your hubs
- How to completely rebuild your bottom bracket
 - How to completely rebuild your head set
- How to inspect your bearing surfaces for wear
 - How to install new brake shoes
 - How to use bicycle specific tools
 - Fix a broken spoke
- How to align your dropouts on the frame & fork
 - How to align your derailleur hanger
- How to install & pre-stretch all the cables

Call 206-527-0360 to sign up. Upcoming class dates are: April 19, 20, 21, 22; June 21, 22, 23, 24

(7:00 PM) (These classes are limited to 6 people per session)

Wheel Building Course \$100

Learn the mystical art of wheel building from the best! At Seattle Bike Repair we warranty our wheels for 3-years. That's the best warranty in the business. We offer this warranty because we know how to build wheels. In this class, you'll actually build 2 wheels for your own use. You can bring your own new parts, or we'll give you 10% discount on the parts if you buy them from us.

This is a two-evening class and there will be a little homework. Upcoming class dates are: April 6, 9; June 15, 18

(7:00 PM) (These classes are limited to 4 people per course)

"Just the flats ma'am" \$25

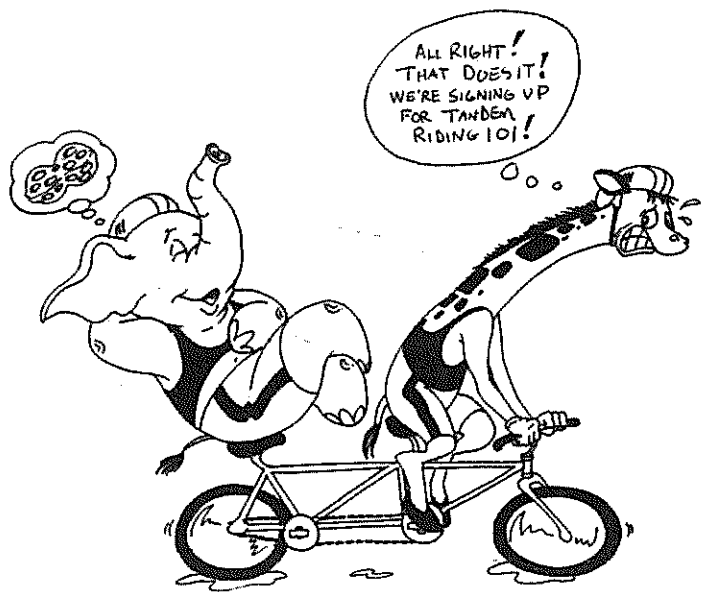
Learn the basic road side repairs to keep your bike movin' in an all women environment. One-evening class. Learn the following skills:

- Fix a flat tire
- Fix a broken chain
- Make a minor adjustment to your shifting & brakes
- Know what tools and parts to carry with you on your bike

Next class dates are: March 16; April 21

(7:00 PM) (These classes are limited to 10 people)

LEARN TANDEM RIDING FROM THE PROS!



Tandem Riding 101 classes

If you would like to learn how to ride a tandem, or have friends who would like to learn how to ride a tandem, we've got the class for you! Tandem Riding 101 from R+E Cycles will get you familiar with the fun of tandem riding with your partner.

Class includes :

1/2 hour orientation

1-2 hours of riding time and instruction.

We provide the tandems, instructors and the fun!

Classes are at 9:30 am Saturday mornings \$25 per couple: rsvp to 206-368-5490 ext. NUT

(leave name, number & date you wish to attend)

Next dates are:

3/20, 4/10, 4/24, 5/15, 5/29, 6/12, 6/26, 7/10, 7/31, 8/28, 9/11

JOIN THE TANDEM CLUB & GET IN THE LOOP!

\$25 Includes monthly newsletter and 2 t-shirts

To sign up for N.U.T.S. (Northwest Unofficial Tandem Society)

Fill out the form below, and send it along with a check or card # to:

N.U.T.S. Global Headquarters • 5627 University Way NE • Seattle, WA 98105

Captain's Name _____ T-Shirt Size _____

Stoker's Name _____ T-Shirt Size _____

Address for newsletter _____

City _____ St _____ Zip _____

Phone _____

Children under 12? Yes _____ No _____

Payment form (circle one) Check (enclosed) Visa MC Discover

Card Number _____ Expiration Date _____

Authorized signature for \$25 charge _____



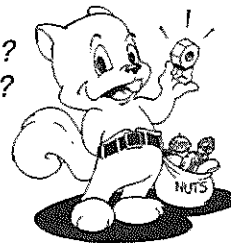
WHEN IS THE NEXT N.U.T.S. TANDEM RIDE???

It is up to you.

When would you like it to be?? Let's decide! We are having a N.U.T.S. social event at R+E on **Friday, Feb. 26 from 7-8:30 PM.**

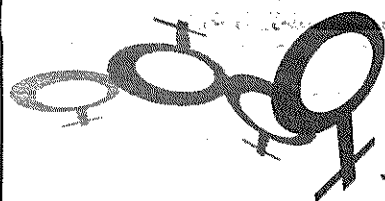
It will be a chance to meet and talk to other tandem couples and to pick dates and rides for next year.

Anyone up for an overnight trip?
How about a kid's camping trip?
San Juans by tandem?
Mountain passes???



You name it we'll organize it.

See you on Fri. Feb. 26 7-8:30 PM.



ESTELLE GRAY & RODRIGUEZ BICYCLES ARE PUTTING ON A WOMEN'S CAMP!

This weekend camp will be held June 4-6 at Mountain Springs Lodge outside of Leavenworth, WA. The seminars and instruction will be geared towards women who want to ride their bikes more efficiently. We'll focus on understanding your gears so that you can ride faster and further more easily. We'll concentrate on making the hills feel easier and help you improve your bike handling skills. We'll cover topics such as efficient gear shifting, injury prevention, proper bicycle fitting, training, basic roadside repairs, equipment and clothing. You'll have an opportunity to try clipless pedals and work with a cadence computer.

We welcome riders of all ages and abilities. The material is designed for the woman who wants to get a better understanding of her bike as well as those who are going to ride from Seattle to Portland and want to do it more easily and efficiently.

Instructors will include:

• Estelle Gray, owner of R+E Cycles, world record holder • Julie Johnson, physical therapist and ultra marathon cyclist • Dr. Anna Schwartz, women's 24 hour record holder, ultramarathon cyclist • Betsy King, (ex) professional racer (Tour de France), LPN, ultramarathon cyclist

Cost of the camp is \$299 and includes 2 nights lodging (single beds, four to a room), 6 meals (Fri dinner thru Sun lunch), instruction and all materials, and use of a cycling computer with a cadence function.

To sign up:

Name _____ phone(s) _____

Address _____ city, st. zip _____

Form of Payment:

Check enclosed Credit Card # _____ exp. _____
Type of card: Visa MC Discover

We will send follow up confirmation with detailed information



To receive further information e-mail us at rodtandem@aol.com or leave a message at 206-527-8931 ext:911

From the Pen of Angel Rodriguez

The very same man who founded R+E Cycles and RODRIGUEZ tandems has written the definitive book on tandeming. It's not on Oprah's list yet but it's on ours. If you are thinking about purchasing a tandem you'll want to read this book.

Reg: \$15

Special \$12.99

Offer available with coupon only. No cash value. Expires March 26, 1999



Lube your chain with Crisco®????



How about some real chain lube instead? Finishline is not recommended for baking, but it is ideal for your cycling components. Finishline makes lubes, degreasers, polishes and more. The right product will keep your bike running smoother, longer.

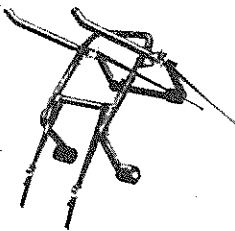
All FINISHLINE products 20% off

Offer available with coupon only. No cash value. Expires March 26, 1999



GET OUT OF TOWN!

If you want to take your bike with you, the Hollywood car rack is the easiest way to haul your bike. It mounts on the rear of almost any vehicle. It is simple to install and folds flat in seconds for easy storage. A great way to get your bike to the ferry for Chilly Hilly.



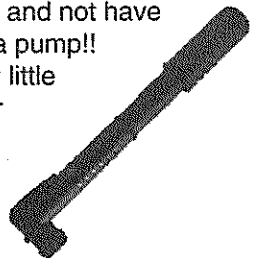
Reg \$55

Sale \$49.99

Offer available with coupon only. No cash value. Expires March 26, 1999

Buy it, but don't use it

It's a lot better to have a pump and not have a flat, than have a flat but not a pump!! Dontcha' think?? These handy little mini-pumps mount under your water bottle cage. Someday, it may save you from walking a few miles. Reg \$10

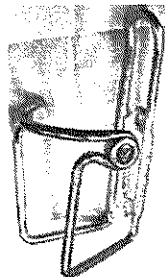


Sale \$6.99

Offer available with coupon only. No cash value. Expires March 26, 1999

Another Better Mousetrap

Only this time it is in the form of a waterbottle cage! The newest design (as seen in the Tour de France) wraps around the bottle a little more and has two distinctive "buttons". Gives a classy, dressed up look to your bike. And who knows, this design may even make your water taste better! \$7

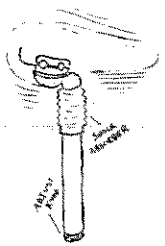


Special \$4.99

Offer available with coupon only. No cash value. Expires March 26, 1999

"The seat on the bike goes up and down, up and down"

If you want comfort, we've got the ticket. Install a suspension seatpost and say goodbye to the bumps in the road. We've been selling them for years and they are now becoming stock on new bikes. Reg \$60



Special \$39.99

(fits any bike)

Offer available with coupon only. No cash value. Expires March 26, 1999

Joe Blow

We didn't name it but it is the best floor pump around. The dual head fits either Schrader or Presta without having to change anything and the gauge is mounted high and easy to read. It makes pumping up tires FUN! \$55



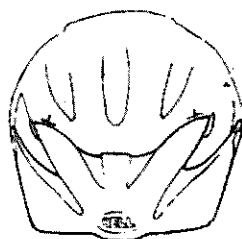
While they last \$39.99

Offer available with coupon only. No cash value. Expires March 26, 1999

Sunny Day Coupon

You never seem to think of a visor when it is not raining. So come in, any dry day, and we'll offer you a neoprene rain visor (fits around any helmet) for **only \$3.99.**

Reg \$10
Save 60%



Offer available with coupon only. No cash value. Expires March 26, 1999

Save Yourself A Trip to the Drugstore

It's important to carry some band aids, antiseptic etc. on your bike, but it can be a pain to gather up all the items. It's also tough to purchase them in small quantities. That's why we have small ready made cycling first aid kits. Road Rash Kits reg. \$7



While They Last \$3.99

Offer available with coupon only. No cash value. Expires March 26, 1999

25 YEARS OF INNOVATION

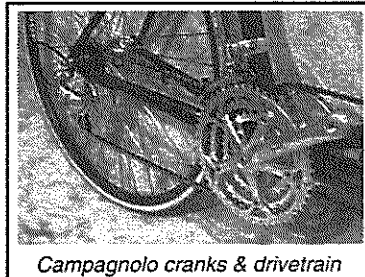
SPECIAL EDITION 25TH ANNIVERSARY TANDEM

"Own one of only 10 very special tandems"

After two and a half decades of building tandems we thought it was time to celebrate! After all, we are the oldest, still building, manufacturer of tandems in the U.S.A. We are celebrating by offering a very special limited edition custom tandem. This is no ordinary tandem.

We will be building just 10 of the silver anniversary tandems (we're up to number 6), complete with a framed certificate of authenticity.

The frame is our top of the line multi-shaped tubing, with an exclusive stainless steel head badge. The frame will be custom built to order to fit you & your partner perfectly.

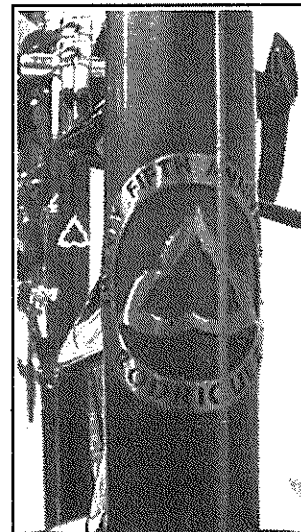


Campagnolo cranks & drivetrain

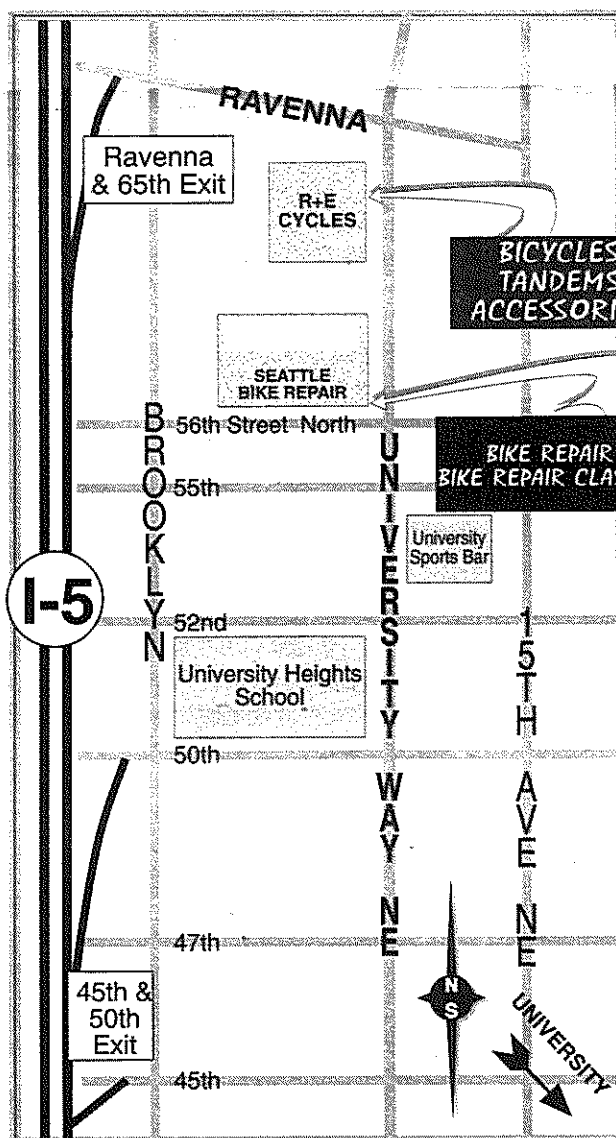
You will have a choice of chameleon paint colors. I have personally selected all of my favorite componets for the he 25th Anniversary tandem kit. Things like Campagnolo Veloce drive train, with Phil Wood hubs & bottom brackets. The crank set will be a Campagnolo Veloce tandem crank. The stock brakes will be CNC cantilever brakes with Mathauser Super Pads. Don't like these componets? You can choose any componets that you wish.

We have 2 of these delicious tandems on the retail floor available for viewing. Come on in and see the finest tandem around!

Frame and fork only \$2899.99 (add \$570 for Softride)
With 25th Anniversary group \$4899.99 (add \$570 for Softride)



Polished stainless steel headbadge



5627 University Way NE
Seattle WA, 98105
206-527-4822
fax 206-527-8931
e-mail RodTanem@aol.com
<http://www.rodcycle.com>



5601 University Way NE
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fax 206-527-8931
e-mail RodTanem@aol.com
<http://www.rodcycle.com>

